

Chocolate Coffee Protein Shake

Number of Servings: 1

Ingredients:

1 cup almond milk, unsweetened
1-1/2 cup crushed ice
1 tbsp baking cocoa
1 tsp espresso coffee
2 tsp stevia
1 scoop whey protein

Directions

Mix all together in blender

| 167 calories | 22 grams protein | 13 grams carbs |